



AIR CANADA  **enRoute**

Dining Guide 2010
2010 Guide des restaurants



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Welcome to the sixth annual *enRoute* Dining Guide.

Voici le sixième guide annuel
des restaurants d'*enRoute*.

One of the many joys of travel is being able to explore new restaurants and sample new foods along the way. In Canada, we are fortunate to have first-class dining destinations from coast to coast—from tiny bistros to elegant hotel dining rooms—to suit every palate and satisfy every craving.

In these pages, you will find a comprehensive directory of all the fine restaurants that have been recommended by *enRoute* since 2002, including this year's Top 10 list of Best New Restaurants. We suggest that you remove this pocket-size guide for future reference. Bon Appétit!

L'un des nombreux plaisirs des voyages est le fait de pouvoir essayer de nouveaux restaurants et goûter de nouveaux plats. Au Canada, nous avons la chance de trouver des restaurants de première classe d'un océan à l'autre, allant de minuscules bistros à d'élégantes salles à manger d'hôtel, qui savent convenir à tous les goûts et satisfaire tous les désirs.

Dans ces pages, vous trouverez un répertoire complet de tous les bons restaurants recommandés par *enRoute* depuis 2002, y compris la liste des 10 meilleurs nouveaux restaurants de cette année. Nous vous recommandons de conserver ce guide de poche pour pouvoir vous y référer ultérieurement. Bon appétit !

Restaurant listings by region appear on page 7.

Vous trouverez la liste des restaurants par région à la page 7.

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Penfolds[®]

A collector's perspective on re-corking

Penfolds re-corking clinics offer collectors' beloved vintages a new lease on life

Almost two decades after the first event was launched in Australia, Penfolds re-corking clinics continue to enrich the wine collecting experience. A free service to Penfolds collectors of red wines aged 15 years or older, Chief Winemaker Peter Gago or a member of the Penfolds winemaking team assesses each wine to make sure it is aging according to its template. The wine is opened with the owner's consent and tested. If deemed to be a good example of its style and vintage, it is then topped off with the same wine from the current vintage and resealed with a certified label.

Alan MacLennan, a Penfolds collector in Vancouver who has attended three clinics over the last five years, shares his thoughts on these events.

On getting his wines assessed

"To me it's a fascinating process, to try my wine with the winemaker and have them tell you whether its representative of its vintage and what food you might enjoy with a particular wine."

On re-corked wines

"When I first started collecting, I never looked at a wine that had been through the re-corking process because my perception was that a re-corked bottle may be worth less in value than one that has never been opened. But my thinking has completely changed. Today, if I were to buy a Grange '62, I would want one that has been through the re-corking process and certified. Then I can be confident that when I pour this wine, it will be up to par with my expectations and the intention of the winemaker."

For more information on Penfolds re-corking clinics, visit www.penfolds.com. ■





A great wine turns 50

With its distinctively elegant style, Penfolds St. Henri has long been one of Australia's most celebrated wines. Its latest release provides yet one more reason for praise and celebration: the 2006 St. Henri Shiraz marks the 50th anniversary of this iconic wine's first commercial release.

"Fifty years on, Penfolds continues to make St. Henri Shiraz using basically the same recipe," says Peter Gago, Penfolds Chief Winemaker. "It is a classic wine that drinks well upon release and develops beautifully as it ages."

Initially labeled as a special vintage claret, St. Henri Shiraz embodies the unwavering vision of John Davoren, a legendary Penfolds winemaker who sought to make a wine strongly focused on the Shiraz grape with minimal oak character. A consistent performer, this stylish, supremely elegant wine is a proven cellaring candidate appreciated by connoisseurs. St. Henri today it is a multi-district blend with Shiraz grapes from the Barossa Valley, Eden Valley, McLaren Vale, Clare Valley and the foothills of the Adelaide Hills. Varying percentages of Cabernet Sauvignon further enhance St. Henri's structure.

Looking back at St. Henri's first 50 years, one can't help but wonder what heights this great wine will achieve in the years ahead. We can't wait to find out. ■

Forage and feast

The Summer Lodge Country House Hotel in Dorset offers patrons an adventure in food

Whoever has picked wild berries along a hiking trail or hunted for chanterelles in the mossy depths of a forest knows the thrilling satisfaction of feasting on foraged food. For those who want to take the experience up a notch or two, the Summer Lodge Country House Hotel, a five-star property in the Dorset countryside in the United Kingdom, offers foraging adventures led by TV personality and local foraging expert John Wright.

Held three times a year — once in the spring and twice in the fall — the events take hotel and restaurant guests on food hunts around the village of Evershot, where narrow winding lanes and ivy-covered cottages bring to mind the Wessex sceneries of the English novelist, Thomas Hardy. Wright, who has led more than 250 hedgerow, mushroom and seashore forays over the years, shares his foraging wisdom during the sessions, which are free for hotel guests and restaurant diners coming in for a forage-themed meal.

After the hunt, foragers get to taste their pickings in a three-course dinner prepared by the hotel's award-winning chef, Steven Titman. Reservations are highly recommended.

More information about these foraging events can be found at www.summerlodgehotel.co.uk. ■



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of the party +
we'll help you throw the
perfect bash.

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for all the info.

DRAKE HOTEL

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1150 Queen Street West
Toronto ON thedrakehotel.ca
twitter.com/thedrakehotel



Canada's Best New Restaurants 2010

Les Meilleurs Nouveaux Restos Canadiens 2010

- 1 Haisai**
794079 County Rd. 124, Singhampton, ON, 705-445-2748
haisairestaurantbakery.com
- 2 Bao Bei**
163 Keefer St., Vancouver, BC, 604-688-0876, *bao-bei.ca*
- 3 Cava**
5551, av. du Parc, Montréal, QC, 514-273-7772
- 4 Local Kitchen & Wine Bar**
1710 Queen St. W., Toronto, ON, 416-534-6700 *localkitchen.ca*
- 5 Stone Soup Inn**
6755 Cowichan Lake Rd., Cowichan Valley, BC, 250-749-3848
stonesoupinn.ca
- 6 Charcut Roast House**
899 Centre St. S.W., Calgary, AB, 403-984-2180 *charcut.com*
- 7 Quatrefoil**
16 Sydenham St., Dundas, ON, 905-628-7800
quatrefoilrestaurant.com
- 8 EdGe**
6686 Sooke Rd., Sooke, BC, 778-425-3343 *edgerestaurant.ca*
- 9 Buca**
604 King St. W., Toronto, ON, 416-865-1600 *buca.ca*
- 10 Le Quartier Général**
1251, rue Gilford, Montréal, QC, 514-658-1839 *lequartiergeneral.ca*

British Columbia Colombie-Britannique

Amante Bistro

Fine Dining | Cuisine gastronomique | 483 Main St.,
Penticton 250-493-1961 amantebistro.com

Bacchus Restaurant & Lounge

Bar/Lounge | Bar-salon | Wedgewood Hotel & Spa,
845 Hornby St., Vancouver 604-608-5319
wedgewoodhotel.com

Bearfoot Bistro

Fine Dining | Cuisine gastronomique |
4121 Village Green, Whistler 604-932-3433
bearfootbistro.com

Boneta

Market | Cuisine du marché | 1 W. Cordova St.,
Vancouver 604-684-1844 boneta.ca

Bouchons

French | Cuisine française | 105-1180 Sunset Dr.,
Kelowna 250-763-6595 bouchonsbistro.com

Brasserie L'école

French | Cuisine française | 1715 Government St.,
Victoria 250-475-6260 lecole.ca

Cabana Bar and Grille

General | Cuisine variée | 3799 Lakeshore Rd.,
Kelowna 250-763-1955 cabanagrille.com

The Cascade Room

General | Cuisine variée | 2616 Main St., Vancouver
604-709-8650 thecascade.ca

Cedar House Café & Restaurant

Fine Dining | Cuisine gastronomique | 735 Hefti Rd.,
Golden 250-344-4679 cedarhousecafe.com

Century

Latin | Cuisine latino | 432 Richards St., Vancouver
604-633-2700 centuryhouse.ca

Chambar

Belgian | Cuisine belge | 562 Beatty St., Vancouver
604-879-7119 chambar.com

Cibo

Canada's Best New Restaurant 2009

Italian | Cuisine italienne | 900 Seymour St.,
Vancouver 604-602-9570 cibotrattoria.com

Copper Room

Fine Dining | Cuisine gastronomique | Harrison Hot
Springs Resort & Spa, 100 Esplanade Ave., Harrison
Hot Springs 866-638-5075

Cru

Fine Dining | Cuisine gastronomique |
1459 W. Broadway, Vancouver 604-677-4111 cru.ca

The Diamond

Contemporary | Cuisine moderne | 6 Powell St.,
Vancouver www.diamond.com

Don Francesco

Italian | Cuisine italienne | 860 Burrard St., Vancouver
604-685-7770 donfrancesco.ca

Elixir

French | Cuisine française | 350 Davie St., Vancouver
604-642-0557 elixirvancouver.ca

Fifty Two 80 Bistro & Bar

General | Cuisine variée | Four Seasons Resort,
4591 Blackcomb Way, Whistler 604-935-3400
fourseasons.com/whistler

Fire and Water Fish and Chophouse

General | Cuisine variée | Marriott Victoria,
728 Humboldt St., Victoria 250-480-3800
marriottvictoria.com

Fraîche

Fine Dining | Cuisine gastronomique |
2240 Chippendale Rd., West Vancouver 604-925-7595
fraicherestaurant.ca

Go Fish

Seafood | Fruits de mer | 1505 W. 1st Ave.,
Vancouver 604-730-5040

The Greedy Pig

General | Cuisine variée | 307 W. Cordova St.,
Vancouver 604-669-4991 thegreedy-pig.ca

Hapa Izakaya

Japanese | Cuisine japonaise | 1479 Robson St.,
Vancouver 604-689-4272 hapaizakaya.com

Latitude

General | Cuisine variée | 3250 Main St., Vancouver
604-875-6246 Latitudeonmain.com

Lift Bar Grill View

Contemporary | Cuisine moderne |
333 Menchions Mews, Vancouver 604-689-5438
liftbarandgrill.com

Memphis Blues Barbeque House

Southern Barbeque |
Grilladerie style sud des États-Unis |
1465 W. Broadway, Vancouver 604-738-6806
memphisbluesbbq.com

Mistral

French | Cuisine française | 2585 W. Broadway,
Vancouver 604-733-0046 mistralbistro.ca

Nu

Canada's Best New Restaurant 2006

Le Meilleur nouveau resto canadien de 2006
Contemporary | Cuisine moderne |
1661 Granville St., Vancouver 604-646-4668
whatisnu.com

Opus Bar

Bar | Bar | Opus Hotel, 350 Davie St., Vancouver
604-642-0557 opusbar.ca

Pair Bistro

Fine Dining | Cuisine gastronomique |
3763 W. 10th Ave., Vancouver 604-224-7211
pairbistro.ca

Pablo's Dining Lounge

French | Cuisine française | 225 Quebec Street
Victoria, BC 250-388-4255

Pied-à-Terre

Bistro | Bistro | 3369 Cambie St., Vancouver
604-873-3131 pied-a-terre-bistro.ca

Ping's Café

Japanese | Cuisine japonaise | 2702 Main St.,
Vancouver 604-873-2702 pingscafe.ca

Pointe Restaurant

Pacific Northwest | Cuisine du nord-ouest |
Wickaninnish Inn, 500 Osprey Ln., Tofino
800-333-4604 wickinn.com

Provence Marinaside

Mediterranean | Cuisine méditerranéenne |
1177 Marinaside Cres., Vancouver 604-681-4144
provencevancouver.com

Red Fish Blue Fish

Seafood | Fruits de mer | 1006 Wharf St., Victoria
250-298-6877 redfish-bluefish.com

Refuel

Market | Cuisine du marché | 1944 W. 4th Ave.,
West Vancouver 604-288-7905 refuelrestaurant.com

The Rosemeade Dining Room

Fine Dining | Cuisine gastronomique |
429 Lampson St., Victoria 250-412-7673
englishinnresort.com

Salt Tasting Room

Contemporary | Cuisine moderne | 45 Blood Alley,
Vancouver 604-633-1912 salttastingroom.com

Senova

French | Cuisine française | 1864 W. 57th Ave.,
Vancouver 604-266-8643 senovarestaurant.ca

Shelter

Canadian | Cuisine canadienne | 601 Campbell St.,
Tofino 250-725-3353 shelterrestaurant.com

The Shore Club

Fine Dining | Cuisine gastronomique |
688 Dunsmuir St., Vancouver 604-899-4400
theshoreclub.ca

Smitty's Oyster House

Seafood | Fruits de mer | 643 School Road Wharf,
Lower Gibsons 604-886-4665
smittysosterhouse.com

Smoken Bones Cookshack

Southern Barbeque |
Grilladerie style sud des États-Unis |
721 Station Ave., #101, Victoria 250-391-6328
smokenbones.ca

Sobo

World | Cuisine du monde | 311 Neill St, Tofino
250-725-2341 sobo.ca

Sonora Resort

Contemporary | Cuisine moderne | Sonora Island
88-576-6672 sonoraresort.com

Sooke Harbour House

Seafood | Fruits de mer | 1528 Whiffen Spit Rd.,
Sooke 800-889-9688 sookeharbourhouse.com

Stage

Bistro | Bistro | 1307 Gladstone Ave., Victoria
250-388-4222 stagewinebar.com

Sun Sui Wah

Chinese | Cuisine chinoise | 3888 Main St.,
Vancouver 604-872-8822 sunsuiwah.com

The Taco Shack

Mexican | Mexicain | 1937 Cornwall Ave., Vancouver
604-736-8226 tacoshack.ca

Vij's Rangoli

Indian | Cuisine indienne | 1488 W. 11th Ave.,
Vancouver 604-736-5711 vijsrangoli.ca

Voya Restaurant & Lounge

Contemporary | Cuisine moderne | 1177 Melville St.,
Vancouver 604-639-8692 voya-restaurant.com

Waterfront Restaurant & Wine Bar

Pacific Northwest | Cuisine du nord-ouest |
104-1180 Sunset Dr., Kelowna 250-979-1222
waterfrontrestaurant.ca

The Wigan Pier Restaurant

Fish & Chips | Poisson et frites | 40340 Tantalus
Way, Garibaldi Highlands, Squamish 604-898-3834
wiganpier.ca

Wild Rice

Asian/Western Fusion |
Cuisine fusion occidendo-asiatique |
117 W. Pender St., Vancouver 604-642-2882
wildricevancouver.com

Yew Restaurant & Bar

Bar/Lounge | Bar-salon | Four Seasons Hotel
Vancouver, 791 West Georgia St., Vancouver
604-689-9333 fourseasons.com/Vancouver

Prairies

Alloy

Fine Dining | Cuisine gastronomique | 220 42nd Ave.
S.E., Calgary, AB 403-287-9255 alloydining.com

Big Fish

Seafood | Fruits de mer | 1112 Edmonton Trail N.E.,
Calgary, AB 403-277-3403 bigfish.ca

Bistro 7 1/4

Bistro | Bistro | 725 Osborne St., Winnipeg, MB
204-777-2525 alexanderskitchen.com

Blink Restaurant & Bar

Contemporary | Cuisine moderne | 111 8th Ave. S.W.,
Calgary, AB 403-263-5330 blinkcalgary.com

Blue Chair Cafe

World | Cuisine du monde | 9624 76th Ave.,
Edmonton, AB 780-989-2861 bluechair.ca

Capo

Italian Mediterranean |
Cuisines italienne et méditerranéenne |
1420 9th Ave., S.E., Calgary, AB 403-264-2276
caporestaurant.ca

Catch Oyster Bar

Seafood | Fruits de mer | 100 8th Ave., S.E.,
Calgary, AB 403-206-0000 catchrestaurant.ca

Chef's Table

Fine Dining | Cuisine gastronomique |
Kensington Riverside Inn, 1126 Memorial Drive N.W.,
Calgary, AB 403-228-4442 kensingtonriversideinn.com

The Copper Pot

General | Cuisine variée | 9707-110th St.,
Edmonton, AB 780-452-7800 copperpot.ca

The Coup

Vegetarian | Cuisine végétarienne |
924 17th Ave., S.W., Calgary, AB 403-541-1041
thecoup.ca

Culina Highlands

Contemporary | Cuisine moderne | 6509 112th Ave.,
NW, Edmonton, AB 780-477-2422 culinafamily.ca

Diner Deluxe

American Traditional | Cuisine américaine typique |
804 Edmonton Trail N.E., Calgary, AB 403-276-5499
dinerdeluxe.com

Falcon Lake Bakery Bistro

Bistro | Bistro | 21A Park Rd., Falcon Lake, MB
204-349-8993

Mercato

Italian | Cuisine italienne | 2224 4th St., S.W.,
Calgary, AB 403-263-5535 mercato gourmet.com

Juniper Bistro and Lounge (Mukamuk)

General | Cuisine variée | 1 Juniper Way
(The Juniper Hotel), Banff, AB 403-763-6205
thejuniper.com

Mill Creek Café

General | Cuisine variée | 9914 89th Ave., Edmonton,
AB 780-437-5588 culinafamily.ca

Muse Restaurant & Lounge

French/Canadian | Cuisines française et canadienne |
107 10A St., N.W., Calgary, AB 403-670-6873
muserestaurant.ca

Nite Hawk Café

Market | Cuisine du marché | Hwy 44, West Hawk
Lake, MB 204-349-2580

Oui Bistro & Wine Bar

Bistro/Bar | Bistro-bar | 100-283 Bannatyne Ave.,
Winnipeg, MB 204-989-7700
wvohospitality.ca/restaurants/oui.html

Provence Bistro

Bistro | Bistro | Niakwa Country Club,
620 Niakwa Rd., Winnipeg, MB 204-256-7326
provencebistro.com

Railway Deli & Cafe

Café/Deli | Café-resto | 101-702 Bow Valley Trail,
Canmore, AB 403-678-3637 railwaydeli.com

Rush

Contemporary | Cuisine moderne | 100-207 9th Ave.,
S.W., Calgary AB 403-271-7874 rushrestaurant.com

Saint Germain

French | Cuisine française | Hotel Arts, 115 12th Ave.,
S.W., Calgary, AB 403-290-1380 saintgermain.ca

Skinny Legs & Cowgirls

Bistro | Bistro | 12202 Jasper Ave., N.W., Edmonton,
AB 780-423-4107 skinnylegsandcowgirls.com

Suede Lounge

Contemporary | Cuisine moderne |
11806 Jasper Ave., N.W., Edmonton, AB
780-482-0707 suedelounge.ca

Sugo Caffè Italia

Italian | Cuisine italienne | 1214 9th Ave., S.E.,
Calgary, AB 403-263-1115 sugo.ca

Tapas

Contemporary | Cuisine moderne | 633 10th St.,
Canmore, AB 403-609-0583 tapascanmore.ca

Trib Steakhouse

French | Cuisine française | 100-118 8th Ave., S.W.,
Calgary, AB 403-269-3160 tribsteakhouse.ca

The Trough Dining Co.

Canadian | Cuisine canadienne | 725B 9th St.,
Canmore, AB 403-678-2820 thetrough.ca

Velvet

Canadian | Cuisine canadienne | Grand Theatre,
608 1st St., S.W., Calgary, AB 403-244-8400
velvetgrand.com

The Vintage Cophouse & Tavern

Fine Dining | Cuisine gastronomique |
322-11 Ave., S.W., Calgary, AB 403-262-7262
vintagecophouse.com

Wild Tangerine Cucina Domestica

Asian | Cuisine asiatique | 10383 112th St.,
Edmonton, AB 780-429-3131 wildtangerine.com

The Willow on Wascana

Canadian | Cuisine canadienne | 3000 Wascana Dr.,
Regina, SK 306-585-3663 willowonwascana.ca

Zest

Contemporary | Cuisine moderne |
2903 Powerhouse Dr., Regina, SK 306-522-5250
zestrestaurant.ca

Ontario

360: The Restaurant at the CN Tower

Fine Dining | Cuisine gastronomique |
301 Front St. W., Toronto 416-362-5411 cntower.ca

About Thyme Bistro

Bistro | Bistro | 3457 King St., Vineland
905-562-3457 aboutthymbistro.com

Amaya the Indian Room

Indian | Cuisine indienne | 1701 Bayview Ave., Toronto
416-322-3270 amayarestaurant.com

ARC Lounge Dining

Fine Dining | Cuisine gastronomique | ARC The
Hotel, 140 Slater St., Ottawa 613-238-9998
arclounge.ca

Atelier

Contemporary | Cuisine moderne | 540 Rochester St.,
Ottawa 613-321-3537 atelierrestaurant.ca

The Beaconsfield

Bistro/Bar | Bistro-bar | 1154 Queen St. W., Toronto
416-516-2550 thebeaconsfield.com

Beckta Dining & Wine

French | Cuisine française | 226 Nepean St., Ottawa
613-238-7063 beckta.com

Benitz Bistro

Bistro | Bistro | 327 Somerset St. W., Ottawa
613-567-8100 benitzbistro.com

The Black Hoof

Contemporary | Cuisine moderne | 928 Dundas
St. W., Toronto 416-551-8854

Brassaii

Bistro | Bistro | 461 King St. W., Toronto
416-598-4730 brassaii.com

Bymark

Canada's Best New Restaurant 2003

Le Meilleur nouveau resto canadien de 2003
Fine Dining | Cuisine gastronomique |
66 Wellington St. W., Toronto 416-777-1144
bymarkdowntown.com

C5

Fine Dining | Cuisine gastronomique |
Royal Ontario Museum, 100 Queen's Park, Toronto
416-586-7928 c5restaurant.ca

California Sandwiches

Italian | Cuisine italienne | 244 Claremont St., Toronto
416-603-3317 californiasandwiches.com

Carpaccio Restaurant and Wine Bar

Italian | Cuisine italienne | 6840 Lundy's Lane,
Niagara Falls 905-371-2063 carpacciorestaurant.com

Cava

Contemporary | Cuisine moderne | 1560 Yonge St.,
Toronto 416-979-9918 cavarestaurant.ca

The Ceili Cottage

Irish | Cuisine irlandais | 1301 Queen St. E., Toronto
416-406-1301 ceilicottage.com

Celestin

French | Cuisine française | 623 Mount Pleasant Rd.,
Toronto 416-544-9035 celestinrestaurant.com

Chippy's Fish & Chips

Fish & Chips | Poisson et frites | 893 Queen St. W.,
Toronto 416-866-7474 chippys.ca

Colborne Lane

Contemporary | Cuisine moderne | 45 Colborne St.,
Toronto 416-368-9009 colbornelane.com

Cowbell

Bistro | Bistro | 1564 Queen St. W., Toronto
416-849-1095 cowbellrestaurant.ca

Crush Wine Bar

Intercontinental/French |
Cuisines française et intercontinentale |
455 King St. W., Toronto 416-977-1234
crushwinebar.com

Czechoski

Italian/French | Cuisines italienne et française |
678 Queen St. W., Toronto 416-366-6787
czechoski.com

Delux

French | Cuisine française | 92 Ossington Ave.,
Toronto 416-537-0134 deluxrestaurant.ca

Didier

French | Cuisine française | 1496 Yonge St., Toronto
416-925-8588 restaurantdidier.com

The Drake Hotel Dining Room + Raw Bar

Contemporary | Cuisine moderne |
1150 Queen St. W., Toronto 416-531-5042
thedrakehotel.ca

Eighteen

French | Cuisine française | 18 York St., Ottawa
613-244-1188 restaurant18.com

Foxley Bistro

Asian/Western Fusion |
Cuisine fusion occidendo-asiatique |
207 Ossington Ave., Toronto 416-534-8520

Fraser Café

Market | Cuisine du marché | 7 Springfield Rd.,
Ottawa 613-749-1444 frasercafe.ca

George

Canadian | Cuisine canadienne | 111C Queen St. E.,
Toronto 416-863-6006 georgeonqueen.com

Globe Bistro

Contemporary | Cuisine moderne |
124 Danforth Ave., Toronto 416-466-2000
globebistro.com

Herbert Fisheries (Fish 'n' Chips)

Fish & Chips | Poisson et frites | 21 Channel St.,
Killarney 705-287-2214

Griffin Gastropub

General | Cuisine variée | 9 Chancery Ln., Bracebridge
705-646-0438 thegriffinpub.ca

The Harbord Room

Bistro | Bistro | 89 Harbord St., Toronto
416-962-8989 theharbordroom.com

Harvest

Fine Dining | Cuisine gastronomique | 106 Bridge St.,
Picton 613-476-6763 harvestrestaurant.ca

Jamie Kennedy Gardiner

Contemporary | Cuisine moderne | 111 Queen's Park,
Toronto 416-362-1957 jamiekennedy.ca

Kaiseki Sakura

Japanese | Cuisine japonaise | 556 Church St.,
Toronto 416-923-1010 kaisekisakura.com

Ki

Japanese | Cuisine japonaise | 181 Bay St.,
(BCE Place), Toronto 416-308-5888 kijapanese.com

Kultura

World | Cuisine du monde | 169 King St. E., Toronto
416-363-9000 kulturarestaurant.com

Lai Toh Heen

Chinese | Cuisine chinoise | 692 Mount Pleasant Rd.,
Toronto 416-489-8922 laitohheen.com

Lee

Tapas | Tapas | 603 King St. W., Toronto
416-504-7867 susur.com

Lobby

Fine Dining | Cuisine gastronomique |
192 Bloor St. W., Toronto 416-929-7169
lobbyrestaurant.com/lobby.html

Lucien

Contemporary | Cuisine moderne |
36 Wellington St. E., Toronto 416-504-9990
lucienrestaurant.com

Luxe Bistro

French | Cuisine française | 47 York St., Ottawa
613-241-8805 luxebistro.com

Metropolitain Brasserie

French | Cuisine française | 700 Sussex Dr., Ottawa
613-562-1160 metropolitainbrasserie.com

Murray Street

Canadian | Cuisine canadienne | 110 Murray St.,
Ottawa 613-562-7244 murraystreet.ca

Nota Bene

Canada's Best New Restaurant 2008

Le Meilleur nouveau resto canadien de 2008
Market | Cuisine du marché | 180 Queen St. W.,
Toronto 416-977-6400 notabenerestaurant.com

Nyood

Mediterranean | Cuisine méditerranéenne |
1096 Queen St. W., Toronto 416-466-1888 nyood.ca

One

Contemporary | Cuisine moderne | 116 Yorkville Ave.,
Toronto 416-961-9600 onehazelton.com

The Only on King

French/Italian | Cuisines française et italienne |
172 King St., London 519-936-2064 theonlyonking.ca



A room of wine's own

Expert Gary LaRose offers some helpful tips on building your own wine cellar

With a wine collection that would make a sommelier break out into poetry, who can you blame you for wanting to give your precious bottles a room of their own? Gary LaRose, owner of Toronto-based Rosehill Wine Cellar, uncorks some valuable wisdom for oenophiles dreaming about a home wine cellar.

— Understand the key factors. Effective wine storage depends largely on five key conditions: constant temperature levels of between 50 to 57 degrees Celsius, humidity at 50 per cent to 70 per cent, darkness, absence of vibration, and natural ventilation. Home wine cellars use cooling units regulated by an automated thermostat.

— Choose your rack design before building. To get the look of a true custom installation, it's best to decide first on racking design before you start putting up walls and ceilings. Your mix of bottles, collecting style, aesthetic taste, space and budget will ultimately determine your choice of racking.

— Rethink the glass. Impressive glass displays in trendy restaurants are inspiring a number of wine collectors to follow suit in their own homes. But glass walls in a wine cellar will push the cooling unit to work

harder and expose the wines to more heat and noise, says LaRose. As a compromise, he recommends a solid door with a glass panel inset.

— No basement? No problem. While basements provide ideal spaces for wine storage, other rooms in the house can also be transformed into wine cellars. In fact, says LaRose, a growing number of homeowners now want their wine cellar placed on the same floor as the kitchen, in easily accessible spaces such as a butler's pantry. Some condo owners have also asked LaRose to turn their underground locker rooms into wine cellars.

— No collection? If you build it, the bottles will come. LaRose notes a growing trend among homeowners who start collecting wines after they've built a wine cellar. For these aspiring collectors, LaRose suggests a room designed to hold a mix of bottles — from 750 millilitre-bottles to champagne and ice wine bottles.

— Go with those who know. It's best to hire a specialist to build your wine cellar, or at the very least a contractor with some experience with this type of project. Otherwise, you could end up with nothing more than a roomful of fancy shelving, not to mention the risk of spoiling your wines. ■

Pane Fresco

Italian | Cuisine italienne | 414 Locust St., Burlington
905-333-3388 panefresco.ca

Perspectives

General | Cuisine variée | Brookstreet Hotel,
525 Legget Dr., Ottawa 613-271-1800 brookstreet.ca

Pizzeria Libretto

Italian | Cuisine italienne | 221 Ossington Ave.,
Toronto 416-532-8000 pizzerialibretto.com

Senses

Contemporary | Cuisine moderne |
328 Wellington St. W., Toronto 416-935-0400
senses.ca

Starfish Oyster Bed & Grill

Seafood | Fruits de mer | 100 Adelaide St. E., Toronto
416-366-7827 starfishoysterbed.com

Stella

Italian Fusion | Cuisine fusion italienne |
81B Clarence St., Ottawa 613-241-2200
stellaosteria.com

Sweetgrass Aboriginal Bistro

Aboriginal | Cuisine autochtone | 108 Murray St.,
Ottawa 613-562-3683 sweetgrassbistro.ca

Temple Kitchen

General | Cuisine variée | 85 Hanna Ave., Toronto
416-588-5695

Tutti Matti

Italian | Cuisine italienne | 364 Adelaide St. W.,
Toronto 416-597-8839 tuttimatti.com

Treadwell

French | Cuisine française | 61 Lakeport Rd.,
Port Dalhousie 905-934-9797 treadwellcuisine.com

Ultra Supper Club

Fine Dining | Cuisine gastronomique |
314 Queen St. W., Toronto 416-263-0330
ultratoronto.com

The Urban Pear

Fine Dining | Cuisine gastronomique |
151 Second Ave., Ottawa 613-569-9305
theurbanpear.com

Vertical

Italian/Mediterranean |
Cuisines italienne et méditerranéenne |
100 King St. W., Toronto 416-214-2252
verticalrestaurant.ca

The Whalesbone Oyster House

Seafood | Fruits de mer | 430 Bank St., Ottawa
613-231-8569 thewhalesbone.com

Québec

40 Westt Steakhouse et Raw Bar

Steakhouse/Seafood | Grilladerie et fruits de mer |
2305 autoroute Transcanadienne, Point-Claire
514-428-9378 40westt.com

Aix

French/Quebecoise |
Cuisines française et québécoise |
711, côte de la Place-d'Armes, Montréal
514-904-1201 aixcuisine.com

À L'Os

French | Cuisine française | 5207, boul. Saint-Laurent,
Montréal 514-270-7055 alos.ca

Ariel Bar à Vin

Market | Cuisine du marché | 2072, rue Drummond,
Montréal 514-282-9790 arielrestaurant.com

L'Assommoir Bernard

World/Seafood | Cuisine du monde et fruits de mer |
112, rue Bernard O., Montréal 514-272-0777
assommoir.com

L'Atelier

French/Quebecoise | Cuisines française et
québécoise | 5308, boul. Saint-Laurent, Montréal
514-273-7442

Au Pied de Cochon

French/Quebecoise |
Cuisines française et québécoise | 536, av. Duluth E.,
Montréal 514-281-1114 restaurantaupieddecochon.ca

Bistro Bienville

Market | Cuisine du marché | 4650, rue de Mentana,
Montréal 514-509-1269 bistrobienville.com

Bistro Cocagne

Quebecoise | Cuisine québécoise |
3842, rue Saint-Denis, Montréal 514-286-0700
bistro-cocagne.com

Bistro La Cohue

Bistro | Bistro | 3440, ch. des Quatre-Bourgeois,
Sainte-Foy 418-659-1322

Boucanerie Chelsea Smokehouse

General | Cuisine variée | 706, Rte 105, Chelsea
819-827-1925 chelseasmokehouse.com

BU

Italian | Cuisine italienne | 5245, boul. Saint-Laurent,
Montréal 514-276-0249 bu-mtl.com

Cabane à Sucre Au Pied de Cochon

Quebecoise | 11382, rang de La Fresniere,
Saint-Benoit de Mirabel 450-258-1732
cabaneasucreaupieddecochon.com
Seasonal/En Saison

Le Club Chasse et Pêche

Quebecoise | Cuisine québécoise |
423, rue Saint-Claude, Montréal 514-861-1112
leclubchasseetpeche.com

Cluny

Italian | Cuisine italienne | 257, rue Prince, Montréal
514-866-1213 *cluny.info*

Les Cons Servent

Bistro | Bistrot | 5064, av. Papineau, Montréal
514-523-8999 *lescsc.com*

Le Chien Fumant

Bistro | Bistrot | 4710 rue De Lanaudiere,
Montréal 514-524-2444

Cosmos Snack Bar

General | Cuisine variée | 5843, rue Sherbrooke O.,
Montréal 514-486-3814

Decca 77

Market | Cuisine du marché | 1077, rue Drummond,
Montréal 514-934-1077 *decca77.com*

Duel

French/Asian | Cuisine française et asiatique |
1429, rue Amherst, Montréal 514-528-1429
restaurantduel.com

Restaurant Les Fougères

Fine Dining | Cuisine gastronomique |
783, Rte 105, Chelsea 819-827-8942 *fougeres.ca*

Fourquet Fourchette

Fine Dining | Cuisine gastronomique |
1887, av. Bourgogne, Chambly 450-447-6370
fourquet-fourchette.com

Garde-Manger

Fine Dining | Cuisine gastronomique |
408, rue Saint-Francois-Xavier, Montréal
514-678-5044 *garde-manger.com*

Graziella

Italian | Cuisine italienne | 116, rue McGill, Montréal
514-876-0116 *restaurantgraziella.ca*

Hostellerie Les Trois Tilleuls & Spa Givenchy

Fine Dining | Cuisine gastronomique |
290, rue Richelieu, Saint-Marc-sur-Richelieu
800-263-2230 *lestroistilleuls.com*

Joe Beef

Seafood | Fruits de mer | 2491, rue Notre-Dame O.,
Montréal 514-935-6504 *joebeef.ca*

Le Jolifou

Market/Latin | Cuisine latino du marché |
1840, rue Beaubien E., Montréal 514-722-2175
jolifou.com

Jun I

Japanese | Cuisine japonaise | 156, av. Laurier O.,
Montréal 514-276-5864 *juni.ca*

Kitchen Galerie

Market | Cuisine du marché | 60, rue Jean-Talon E.,
Montréal 514-315-8994 *kitchengalerie.com*

Koko

Asian | Cuisine asiatique | Opus Hotel,
8, rue Sherbrooke O., Montréal 514-657-5656
kokomontreal.com

Leméac Café Bistrot

Bistro | Bistrot | 1045, av. Laurier O., Montréal
514-270-0999 *restaurantlemeac.com*

Liverpool House

Italian | Cuisine italienne | 2501, rue Notre-Dame O.,
Montréal 514-313-6049 *liverpoolhouse.ca*

Le Local

Bistro | Bistrot | 740, rue William, Montréal
514-397-7737 *resto-lelocal.com*

Madre

Latin | Cuisine latino | 2931, rue Masson,
Montréal 514-315-7932 *restaurantmadre.com*

McKiernan

Bistro/Bar | Bistrot-bar | 2485, rue Notre-Dame O.,
Montréal 514-759-6677 *joebeef.ca*

Le Moine Échanson

Fine Dining | Cuisine gastronomique |
585, rue Saint-Jean, Québec 418-524-7832
lemoineechanson.com

La Montée de Lait

French | Cuisine française | 5171, blvd. Saint-Laurent,
Montréal 514-289-9921

Le Moulin Inn & Spa, Wakefield Mill Lounge

Fine Dining | Cuisine gastronomique |
60, ch. Mill, Wakefield 888-567-1838
wakefieldmill.com

Ô Chalet

Market | Cuisine du marché |
1393, boul. René-Lévesque E., Montréal
514-527-7070 *restaurantochalet.com*

L'Original

Quebecoise | Cuisine québécoise |
479, rue Saint-Alexis, Montréal 514-303-0479
restaurantloriginal.com

Panache

Québécoise | Cuisine québécoise | 10, rue Saint-Antoine, Québec 418-692-1022
aubergestantoine.com

Pintxo

Spanish | Cuisine espagnole | 256, rue Roy E., Montréal 514-844-0222 pinxto.ca

Pop ! bar à vin

French | Cuisine française | 250, av. des Pins E., Montréal 514-287-1648 popbaravin.com

Primo & Secondo

Italian | Cuisine italienne | 7023, rue Saint-Dominique, Montréal 514-908-0838

Pullman

Contemporary | Cuisine moderne | 3424, av. du Parc, Montréal 514-288-7779 Pullman-mtl.com

Que Sera Sera

Fine Dining | Cuisine gastronomique | 850, Place d'Youville, Québec 418-692-3535
queserasera.ca

Quintessence

Fine Dining | Cuisine gastronomique | Hotel Quintessence, 3004, ch. de la Chapelle, Mont-Tremblant 819-425-3400
hotelquintessence.com

Raza

Latin | Cuisine latino | 114, av. Laurier O., Montréal 514-227-8712 restaurantraza.com

Rosalie Restaurant Inc

French | Cuisine française | 1232, rue de la Montagne, Montréal 514-392-1970 rosalierestaurant.com

La Salle a manger

Bistro | Bistro | 1302, av. du Mont-Royal E., Montréal 514-522-0777 lasalleamanger.ca

Sandwicherie italienne Santangelo's Italian Deli

Italian | Cuisine italienne | 1650 av. Lincoln, Montréal 514-937-7444

Time Supper Club

Fusion | Cuisine fusion | 997, rue Saint-Jacques, Montréal 514-392-9292 timesupperclub.com

Toast !

French/Italian | Cuisines française et italienne | 17, rue du Sault-au-Matlot, Québec 418-692-1334
restauranttoast.com

La Traite

Aboriginal | Cuisine autochtone | Hôtel-Musée Premières Nations, 5, pl. de la Rencontre « Ekionkiesthá », Wendake 418-847-2222 hotelpremieresnations.ca

Les Trois Petits Bouchons

Bistro/Bar | Bistro-bar | 4669, rue Sainte-Denis, Montréal 514-285-4444 troispetitsbouchons.com

Versa Restaurant-Bar

Fusion | Cuisine fusion | 432, rue du Parvis, Québec 418-523-9995 versarestaurant.com

Version

Mediterranean | Cuisine méditerranéenne | 295, rue Saint-Paul E., Montréal 514-871-9135
version-restaurant.com

XO

French Mediterranean | Cuisines française et méditerranéenne | Hôtel Le St-James, 355, rue Saint-Jacques, Montréal 514-841-5000 xolorestaurant.com

Yuzu Sushi-Bar

Fine Dining | Cuisine gastronomique | 438, rue du Parvis, Québec 418-521-7253 yuzu.ca

Atlantic Canada Atlantique Canada

Atlantica

Canada's Best New Restaurant 2007

Le Meilleur nouveau resto canadien de 2007
Market | Cuisine du marché | The Beach House,
38 Beachy Cove Rd., Portugal Cove, NF
709-895-1250 atthebeachhouse.ca/atlantica

Bacalao

Canadian | Cuisine canadienne | 65 Lemarchant Rd., St. John's, NF 709-579-6565 bacalaoacuisine.ca

Basho

Japanese Fusion | Fusion japonaise | 283 Duckworth St., St. John's, NF 709-576-4600

Blue on Water

Seafood | Fruits de mer | 319 Water St., St. John's, NF 709-754-2583 blueonwater.com

Chives Canadian Bistro

Canadian Bistro | Bistro canadien | 1537 Barrington St., Halifax, NS 902-420-9626
chives.ca

Cut Steakhouse & Urban Grill

Steakhouse | Grilladerie | 5120 Salter St., Halifax, NS 902-429-5120 cutsteakhouse.ca

Dayboat

Maritimes | Cuisine des Maritimes | 5033 Rustico Rd., Oyster Bed Bridge, PEI 902-963-3833 dayboat.ca
Seasonal (open July to Labour Day)

Dick's Fish and Chips

Fish & Chips | Poisson et frites | The Beach, Bell Island, NF 709-488-2874 bellisland.net/walterdicksttd

Fleur de Sel

French | Cuisine française |
53 Montague St., Lunenburg, NS 902-640-2121
fleurdesel.net
Seasonal (not open in the winter)

Gio

Contemporary | Cuisine moderne | Prince George Hotel, 1725 Market St., Halifax, NS 902-425-1987
giohalifax.com

Restaurant L'Idylle

French | Cuisine française | 1788, rue Amirault, Dieppe, NB 506-860-6641 restaurantidylle.com

Jane's on the Common

Contemporary | Cuisine moderne |
2394 Robie St., Halifax, NS 902-431-5683
janesonthecommon.com

King of Donair

Greek | Grec | 6420 Quinpool Rd., Halifax, NS 902-421-0000 kingofdonairs.com

Magnum & Steins

General | Cuisine variée | 284 Duckworth St., St. John's, NF 709-576-6500 magnumandsteins.ca

Morris East

Contemporary | Cuisine moderne | 5212 Morris St., Halifax, NS 902-444-7663 morriseast.com

Mosaic Social Dining Lounge

Contemporary | Cuisine moderne |
1584 Argyle Street, Halifax, NS 902-405-4700
mosaicsocialdining.com

Onyx Cocktails & Fine Dining

World | Cuisine du monde | 5680 Spring Garden Rd., Halifax, NS 902-428-5680 onyxdining.com

Opera Bistro

Fine Dining | Cuisine gastronomique |
60 Prince William St., Saint John, NB
506-642-2822 operabistro.com

The Pilot House

General | Cuisine variée | 70 Grafton St., Charlottetown, PEI 902-894-4800 thepilohouse.ca

Rick's Fish'n'Chips and Seafood House

Seafood | Fruits de mer |
Rte. 2, St. Peters Bay, PEI 902-961-3438
ricksfishnchips.com

Saege

General | Cuisine variée | 5883 Spring Garden Rd.,

Halifax, NS 902-429-1882 saege.ca

Ship to Shore

Seafood | Fruits de mer | 2684 Rte. 20, Darnley, PEI 902-836-5475 shiptoshorelounge.com
Seasonal/En saison

Tempest

World | Cuisine du monde | 117 Front St., Wolfville, NS 902-542-0588 tempest.ca

The Victory Arms Pub

Bar/Lounge | Bar-salon |
The Lord Nelson Hotel & Suites, 1515 South Park St., Halifax, NS 902-420-9781 lordnelsonhotel.com

Dining Guide to go

In partnership with Penfolds Wines of Australia, *enRoute* has extended the popular cross-Canada Dining Guide franchise into the app world.

The *enRoute* Dining Guide smartphone application for iPhone and Blackberry is free and available at enroute.aircanada.com/penfolds. It features great restaurants from across Canada, province-specific dining recommendations, special wine features and pairing suggestions, route maps, restaurant links and more.



Gadget roundup

Impress your guests and have fun in the kitchen with the latest accessories

Sous vide so easy

Sous vide, the culinary technique of slow-cooking vacuum-sealed food in a precisely regulated water bath — resulting in deeply flavoured dishes and evenly cooked, melt-in-your-mouth meat — has long been considered inaccessible to the average home cook. But this is the case no longer. SousVide Supreme, billed as the world's first "water oven," makes cooking sous vide as easy as pressing a few buttons. SousVide Supreme is available at select retailers such as Bloomingdale's and Sur La Table and online. www.sousvidesupreme.com.



An apron that fits like a glove

The pot's boiling over and you can't find your oven mitts. Admit it, you've been there, done that. But with Royal VKB's apron, you can put those cooking disasters behind you. The apron has built-in gloves that let you grab hot pots and casseroles without having to do that panicked search for your oven mitts. Bonus feature: buttons on the front for hanging tea towels. Who needs hooks when you've got a magic apron? www.royalvkb.com.



Soda-licious!

Getting fizzy is easy with SodaStream, a compact countertop gadget that turns water into a carbonated drink in less than 30 seconds, with no electricity or batteries required. Using a "carbonator" — refillable canisters containing pressurized carbon dioxide — the SodaStream adds fizz to your water with just a few pumps. Since it's your soda fountain, you get to regulate the amount of fizz by pumping in more or less CO₂. You can also make flavoured drinks by adding syrups or fresh fruit juices. Available in different models and colours — check out the limited edition Karim Rashid SodaStream — at select retail outlets or online. www.sodastream.com.



Please take a sheet

No, really. It comes flat as a board, but unfold the Sheetseat and it turns into a strong, fully functional chair. This award-winning creation by New York designers Ufuk Keskin and Efecem Kutuk is made from a single piece of wood laminate or bamboo, with a single sheet of 4' x 8' plywood yielding five chairs. At less than an inch thick, the chairs are easily stacked, transported and stored. The Sheetseat is currently in production and is expected to be available soon in stores at a retail price of about US\$150 a chair. www.sheetseat.com. ■



In line of succession.

The quintessential Australian red. Matured in barrels that held Grange from the previous vintage, its seductive quality, ageless appeal, lasting power and enduring value have engaged wine collectors from around the world for decades. Superbly aromatic and richly buoyant, the unmistakable and evolutionary Bin 389 evokes a beautiful wine tradition.

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